

GLP-1 MEDICATION

WHAT YOU WILL RECEIVE



Vial of Medication

Refrigerate the vial

immediately upon receipt.



Medication Syringes



Alcohol Swabs

DOSING AND STEP-BY-STEP INSTRUCTIONS

- STEP 1 Gather supplies (TRZ vial, insulin syringe, alcohol swab).
- **STEP 2** Clean the top of the vial with an alcohol swab.
- STEP 3 Insert the medication syringe at a 90° angle into the vial and turn the vial upside down.
- STEP 4 Draw up the exact number of units prescribed by your medical provider.
- STEP 5 Clean your injection site (abdomen, thigh, or back of the arm) with an alcohol swab.
- STEP 6 Pinch the skin at the site.
- **STEP 7** Inject the medication at a 90° angle.
- **STEP 8** Dispose of the syringe in a sharps-approved container.
- **STEP 9** Return the vial to the refrigerator.

BEST PRACTICES

- · Always follow the dosing instructions on your prescription label.
- · Administer one injection weekly, ideally on the same day and time each week.
- Eat before your injection or within one hour afterward to help minimize side effects.
- Keep the vial refrigerated at all times.
- If you experience severe side effects, call your local clinic immediately.

Questions? We're here to help every step of the way 888-275-2111.